

Park City School District Health Guidelines

Our goal is to provide a healthy school environment for all children and staff. The following guidelines have been prepared to assist you in decisions relating to your child's health and school attendance. If your child is not feeling well and you are uncertain about sending him/her to school on any given day, these guidelines may assist you in your decision.

Condition	Exclusion/Non-Exclusion Criteria
Fever	Student will be excluded for fever greater than 100.4 degrees F. Student may return to school when he/she has been fever free (less than 100 degrees F) without fever reducing medication for at least 24 hours.
Chicken Pox	Student should remain home until all blisters are dried and crusted over. Notify the school nurse if your child has Chicken Pox.
Colds/Flu	Student needs to remain home if he/she has an excessive runny nose, excessive coughing, difficulty breathing or inability to participate in class.
Diarrhea	Student may return to school when symptom free for 24 hours.

Ear Infection	If child's ear pain is sever and compromises their ability to participate then the child should remain home and may need to see their health care provider.
Headache	Exclude from school and notify parents and health care provider if sudden severe headache with vomiting or stiff neck that might signal meningitis. For common headaches, child may remain in school as long as it does not compromise their ability to participate.
Head Lice	Once treatment is started, your student may return to school. If lice is discovered at school, parents will be notified and your student should start treatment at the end of the school day.
Mononucleosis	Exclude until able to tolerate activity. Exclude from contact sports until recovered. Educate on no sharing of food and drinks.
Pinkeye (Conjunctivitis)	Reddened eyes can be due to many factors including bacterial, viral or allergies. If watery eye discharge without fever, eye pain or eyelid redness no exclusion is necessary. If eye discharge is white or yellow, often matted eyelids after sleeping and eye paid or redness of the eyelids or skin surrounding the eye exclude for 24 hours after treatment or is cleared by a medical provider. Encourage hand hygiene and not touching the eyes.
Rash	Child should remain home and seek medical attention only if the rash is accompanied with a fever, is rapidly spreading, is open/oozing or is diagnosed with a vaccine preventable condition such as chickenpox.
Serious Injuries & Surgeries	Please notify the School Nurse when a student has sustained a serious injury, has had or plan to have surgery and please provide a note from the physician describing any limitations including mobility needs or special accommodations the student will require when he/she returns to school.

<p>Sore Throat/Strep Throat</p>	<p>Most sore throats are related to a viral infection. Child only needs to stay home if the sore throat is accompanied with a fever and/or if it compromises their ability to participate in class. If Strep throat is suspected (sore throat, fever, stomachache, headache, swollen lymph glands, and decreased appetite) then student should remain home and seek medical attention. Positive strep cases will be excluded from school until the child has received 12 hours of antibiotic treatment when the child is able to participate and is fever free.</p>
<p>Stomachache</p>	<p>Student should stay home only if child is in severe pain, doubled over, crying, screaming, abdominal injury, diarrhea, vomiting, looks and acts ill. Student may return when symptoms resolve. Severe abdominal pain should be evaluated by a health care provider.</p>
<p>Vomiting</p>	<p>Student may return to school when symptom free for 24 hours.</p>

Reference: Managing Infectious Diseases in Child Care and Schools. A Quick Reference Guide, 4th Edition. S.S. Aronson, MD, FAAP and T. R. Shope, MD, MPH, FAAP.2017

Reference: Summit County Exclusion Guidelines. Updated November 2019.